



SUPPORT | EDUCATION | ADVOCACY

Presentation Programs

NAMI In Our Own Voice

Presentation program to promote awareness of mental illness recovery through personal stories

Holding Hope

Family presentation program, delivered by family members of individuals with mental illness

NAMI Family & Friends

2-hour seminar for family members based on Family-to-Family program materials

NAMI FaithNet

Includes the Bridges of Hope Presentation to educate faith communities about mental illness

NAMI Ending the Silence

Virtual toolkit and online presentation program on mental health for high school age youth

NAMI Missouri Affiliates

NAMIColumbia MO • NAMI Jefferson City
NAMI Greater Kansas City • NAMI Lebanon
NAMI St. Louis • NAMI SW Missouri

Provider Seminars - Continuing education for mental health and allied professionals

NAMI Smarts for Advocacy - Workshops on peer advocacy for mental health priorities

Education Programs

NAMI Family-to-Family

8-session course for families, partners and friends of individuals living with mental illness

NAMI Peer-to-Peer

8-session peer-led education and support-focused course for individuals living with mental illness

NAMI Basics

6-session course for parents and caregivers of youth with behavioral and mental health conditions

NAMI Homefront

6-session course for loved ones of military service members and veterans with mental health concerns

Support Groups

Connection Recovery Support Group

Groups for individuals living with mental illness or other mental health conditions

NAMI Family Support Group

Groups for family members and friends of individuals living with mental health conditions

NAMI Missouri Helpline

Resources and information are available by calling 1-800-374-2138 or emailing info@namimissouri.org

Thank you for your support!

All NAMI Missouri programs and services are offered at no cost to those in need.
Help us help others with a contribution to NAMI Missouri at namimissouri.org/donate

NAMI Missouri

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